

UB SCOOP

May 2025



Hello Upward Bound!

The sun has finally arrived, and summer is just around the corner! It is so wonderful to see green grass, trees full of leaves, and flowers growing everywhere. This beautiful scenery signifies the new opportunities and growth as we really move through the new year. This energy is just what we need as we prepare for summer at Upward Bound!

The Upward Bound staff has been working diligently to finalize everything for our Summer Component to make sure all of you students have a great

experience. The classes we have this year are outstanding, and the activities are going to be so much fun! This year we will be in Roberta Hall. Carts will be available to move in belongings. Please keep in mind that there is only one elevator, which will be in high demand. It may work better to save the carts for heavy, hard to move items and carry the rest when possible. We are looking forward to seeing all of you soon! Bridge students move in on Sunday, June 1st, and non-Bridge students (that's everyone else!) will move in on Sunday, June 8th!

On a different note, we would love for all of you to post updates on our Upward Bound Facebook page and Instagram! It is so great to see your beautiful prom pictures and graduation photos each year. Keep the updates and pictures coming!!! What a great way to share news with our Upward Bound family, present and past!



Special Points of Interest

- Sunday, June 1, 2025
Bridge Move-in Day, Roberta Hall
Bridge Move-in –
5:00 – 7:00 PM
Bridge Orientation –
7:00 PM
- Friday, June 6, 2025
No UB Activities
- Sunday, June 8, 2025
Move-in Day, Roberta Hall
SAC students – 2:45-3:30 PM
New Student Move-in –
3:30 – 4:15 PM
Returning students move in (Bridge
Weekly Check-in) –
4:15 – 5:00 PM
- Sunday, June 15, 2025
Weekly Check-in –
5:00-7:00 pm
- June 19, 2025
No UB - Juneteenth
- Sunday, June 29, 2025
Weekly Check-in – 5:00-7:00 pm
- Thursday, July 3
Awards and Move-out

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Summer Staff:

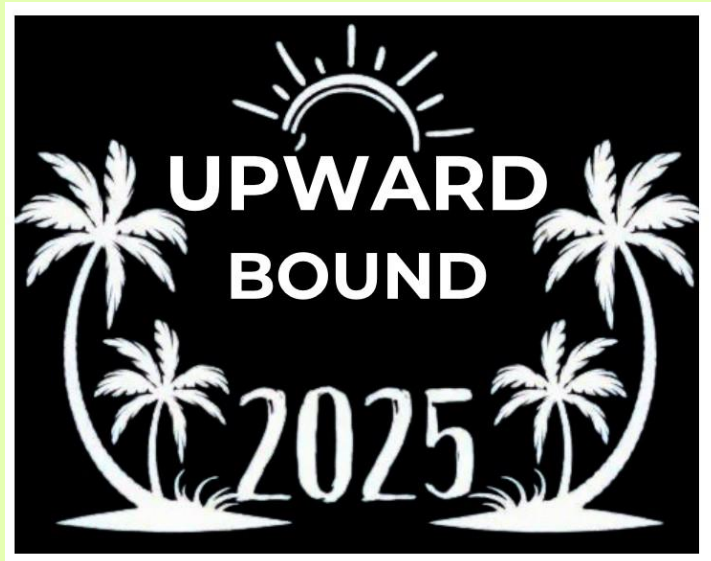
Hello! My name is Mackenzie Reed, but I tend to just go by Kenzie. I'm a recent graduate from NWMSU, earning a Bachelor of Science in psychology with a minor in sociology. I spent most of my undergraduate working with students directly, whether it be through my time spent as a Peer Advisor, Residential Assistant, Inclusion Assistant, or as a Desk Assistant, student connection and growth has been my passion! In my spare time, I'm an avid Pokémon card collector! I can't wait to get started as the Summer Program Assistant for Upward Bound this summer!



2025 Summer T-Shirt Contest Result

Congratulations to Shyanne Garnett! Her design was voted by you, the students, as our 2025 Summer T-shirt design.

*The colors of the design may vary based on shirt color.





SENIOR SPOTLIGHT!

TRINITY OLSON



During my time in Upward Bound, I gained valuable academic support, built strong friendships, and grew more confident in myself and my future. The program helped me improve my study habits, understand the college application process, and explore different career paths. Being surrounded by mentors and motivated peers pushed me to set higher goals and believe in my potential. Overall, Upward Bound gave me the tools and encouragement I needed to prepare for college and beyond. Next year, I hope to be attending State Fair Community College in Sedalia Missouri to pursue a degree in Nursing.

SENIORS' DESTINATIONS!!!

While we will miss our Seniors after this summer, they are off to accomplish wonderful things in college! We are proud of each and every one of you. Good luck!!!



Kyrie Bowens
Steven Carlson
Jaymes Herron
Kaiden Keough
Trinity Olson
Hannah Stevens
Wyatt Taylor
Bella White

Northwest Missouri State University
Northwest Missouri State University
Missouri University of Science and Technology
Northwest Missouri State University
State Fair Community College
North Central Missouri College
NCMC
Avila University

Important Dates

JUNE 1, 2025 BRIDGE MOVE-IN DAY

Itinerary:

5:00-7:00 PM Bridge Student move in
7:00 PM Bridge Orientation

JUNE 8, 2024 MOVE-IN DAY

Itinerary:

2:45-3:30 PM SAC Student move in
3:30-4:15 PM New Students move in
4:15-5:00 PM Returning students move in and
Bridge students Weekly Check-in
5:00 PM New Students meet to get Bearcat
cards
5:30-6:15 PM Dinner--Pizza
6:15-7:30 PM All Student Meeting/Safety Meeting
7:30 PM JS/WS Mtg – Cake and Ice Cream
8:00 PM Family Group Meetings
8:30 PM Floor Meetings
10:30 PM In your own room
11:00 PM Lights out!

*REMEMBER returning students: All Academic Year Checklist items **MUST** be turned in before you can receive your keys to move in. Any student that shows up to move in without all items turned in will complete those items then and there before being able to move in to his/her room.

Students **MUST have all Summer Forms completed to move in.

UB Contact Information

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Packing Tips!

1. Roll your clothes in suitcases. It takes less room than folding them, so you can fit more in your suitcase!



2. For clothes that you will hang, leave them on the hangers, and pull a kitchen sized trash bag up over several at a time. This keeps the clothes organized and contained, while also saving time by leaving them on the hanger!



3. Put bottles/containers with liquid in plastic baggies. Or you can unscrew the lid, and put a piece of plastic wrap over the neck of the bottle, then screw the lid back on. Sealed!



ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Jun. 14, 2025	May 9, 2025	May 26, 2025
July 12, 2025	June 6, 2025	June 20, 2025

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 2 ACT fee waivers. Forms are available by contacting the UB office.

For more information go to <http://www.actstudent.org>

Attention!

Please note the following on your family calendar and in your own planner.

Our Week 3 (the second week with ALL students) and Week 5 (the last week on campus) schedules are slightly different than other weeks, due to Holidays during those weeks.

Below is our schedule for the week beginning on June 15.

Week 3 (the second week with ALL students)

Sunday, June 15	Return to the residence halls for check-in (<u>5-7 pm</u>) Academic Activity
Monday, June 16	Family Group Evening Activities
Tuesday, June 17	Service Learning Activities
Wednesday, June 18	Large Group Activity Night – Lied Center <u>Holiday/Weekly Check-out (4:00-5:00 pm)</u>
Thursday, June 19	NO UB - Holiday
Friday, June 20	Virtual Leadership Workshop (11:00 AM – see email for details and Zoom link)

Below is our schedule for the week beginning on June 30.

Week 5

Sunday, June 29	Return to the residence halls for check-in (<u>5-7 pm</u>) Academic Activity
Monday, June 30	Family Group Evening Activities
Tuesday, July 1	Service Learning Activities
Wednesday, July 2	Large Group Activity Night- Toys and Miniatures Museum, Nelson-Atkins Museum of Art, and New Theater
Thursday, July 3	Awards Banquet Move out of the Residence Halls
Friday, July 4	NO UB - Holiday

Meet the Resident Assistants!

Hello! My name is Lexi White! I am currently a senior at Northwest completely my bachelor's degree in English Education and my masters in English. During the school year, I work at Eugene Field Elementary school as a before and after school attendant working with the fourth graders, and I also occasionally work at Hy-Vee in the deli. When I am not doing homework or at



school, I can be found hanging out with friends, my younger siblings, and my cat, Hamlet. I enjoy reading, painting, and many other crafty things, as well as watching movies or one of my various favorite tv shows. This is my third summer as an RA with UB, and I am so excited to get started and I look forward to seeing all of you!

Hi UB! My name is Jeselle Gonzalez; this is my fourth year as an RA with UB and as always it is a pleasure to be back! I study International Business with a minor in Sports Management at Northwest. I was born in Venezuela but have lived around the world. I am a positive and friendly person who laughs at just about everything. There are many things I like to do, see, and experience. I like sports a

lot, especially soccer, I also like to watch F1 and soccer games. I also play video games like Rocket League, Overcooked and almost every game I can enjoy with friends. I watch all kinds of movies and series, except horror. I like to travel and see new places, that's why I have lived in 4 different countries, and I like to visit as many places as I can. See you soon!



Hey, everyone! My name is Hunter Doss, and this will be my second year working as an RA for Upward bound! I just finished my third year as Northwest as a double major in Psychology and Creative Writing, hoping to eventually become a therapist. I also just completed my first year of being an RA for Northwest in Hudson-Perrin residence hall! Last year, my favorite part of Upward Bound was getting to know all the students and being able to be someone who they could count on, so I am hoping to continue that this year!



In my spare time, I love to write and play video games. I'm also trying to get back into reading recently - so if there are any recommendations you have, let me know! - and I love to sing. I can't wait to see everyone!

Once a Bearcat,
Always a Bearcat!



Hey Ubers! I'm Jon Rohr. I'm back and ready to kick off my 4th summer as an RA—and my 8th summer overall with Upward Bound! I can't wait to see all of you and make more unforgettable memories together.

A little about me: I graduated from West Nodaway High School in 2021 and was a UB participant for 4 years before becoming an RA. I just graduated this May from Northwest Missouri State University with my bachelor's degree in Elementary Education, and I'm excited to say I'll be teaching 4th grade in Olathe Public Schools this fall! I'm also starting my Master's Degree in Curriculum and Instruction with a Concentration in Instructional Coaching through Emporia State University.

This summer, I'm pumped to be back as the Blue Family Group Leader!

When I'm not working or in school, you'll probably find me with friends or family, gaming (video or board), binge-watching shows, enjoying the outdoors, or—of course—spiking a volleyball down on everyone!

To all my returners—I've missed every single one of you! Let's make this summer another one to remember. Let's go!

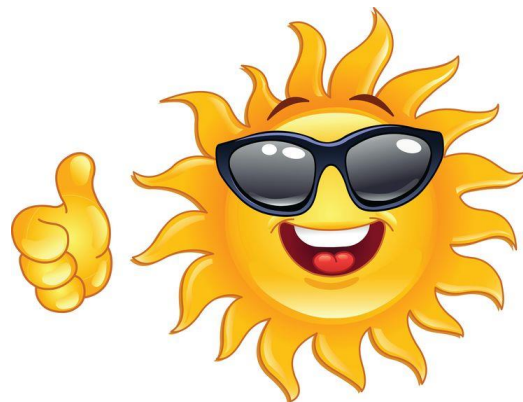
Hi everyone! My name is Chelley Giesken. I'm excited to join you all this summer! Jon and I happen to have lots of similarities - UB Alum, West Nodaway alum, graduated in May with degrees in elementary education AND teaching 4th grade in the fall. I'll be teaching at Nodaway Holt, though! I am looking forward to all of the memories we will make this summer and can't wait to get to know you!



I spend a lot of my free time traveling, as I'm writing this I'm actually in Utah. I've been to 33 states and I love being able to try new foods or cook them at home! I enjoy video and board games, adventures of all kinds, mini golf, swimming and being around people!

Summer

2025



Summer Calendar 2025

Week 1

Sunday, June 1	Bridge Students move into Northwest residence hall Bridge Orientation
Monday, June 2	Bridge Orientation Activities Bridge classes begin
Tuesday, June 3	Bridge Orientation Activities Bridge classes
Wednesday, June 4	Bridge Orientation Activities Bridge classes
Thursday, June 5	Bridge Activity Night Bridge Orientation Activities Bridge classes
Friday, June 6	Check out of the residence halls (2:00 pm-3:00 pm) NO UB ACTIVITIES

Week 2

Sunday, June 8	Students move into the Northwest residence hall (Bridge students' weekly check-in) 2:45-3:30 pm for SAC 3:30-4:15 pm for New Students 4:15-5:00 pm for Returning Students (Bridge student check-in)
Monday, June 9	First day of Academics Family Group Evening Activities
Tuesday, June 10	Tutoring in Hall/Visitor night
Wednesday, June 11	Service Learning Activities
Thursday, June 12	Large Group Activity Night- Henry Doorly Zoo
Friday, June 13	Leadership Workshop Job Shadowing/Work Study Check out of the residence halls (11 am-12:30 pm)

Week 3

Sunday, June 15	Return to the residence halls for check-in (<u>5-7 pm</u>) Academic Activity
Monday, June 16	Family Group Evening Activities
Tuesday, June 17	Service Learning Activities
Wednesday, June 18	Large Group Activity Night – Lied Center <u>Holiday/Weekly Check-out (4:00-5:00 pm)</u>
Thursday, June 19	NO UB - Holiday
Friday, June 20	Virtual Leadership Workshop (11:00 am)

Week 4

Sunday, June 22	Return to the residence halls for check-in (7-9 pm)
Monday, June 23	Family Group Evening Activities
Tuesday, June 24	Tutoring in Hall/Visitor night
Wednesday, June 25	Service Learning Activities
Thursday, June 26	Large Group Activity Night- Etiquette Dinner
Friday, June 27	Leadership Workshop Job Shadowing/Work Study Check out of the residence halls (11 am-12:30 pm)

Week 5

Sunday, June 29	Return to the residence halls for check-in (<u>5-7 pm</u>) Academic Activity
Monday, June 30	Family Group Evening Activities
Tuesday, July 1	Service Learning Activities
Wednesday, July 2	Large Group Activity Night- Toys and Miniatures Museum, Nelson-Atkins Museum of Art, and New Theater
Thursday, July 3	Academic Awards Move out of the Residence Halls
Friday, July 4	NO UB - Holiday

Week 6 - Cultural Trip

Monday, July 7	Leave on the trip to Indianapolis
Friday, July 11	Return from Indianapolis