

UB Scoop

December/January 2024-25



Greetings from Upward Bound!

It's the time of year when the cold winter has settled in, and we dig in to all of our indoor activities. We know Ms. Calfee would say, "Keep up with your pleasure reading!" While winter tends to be a cold and colorless time of year, all of us in our UB family know that we just have to add our own color and warmth! We will choose to focus on the cheerful and joyful Holiday time approaching. We'll think of hot cocoa and cookies or maybe a family treat. There's also time with family and friends.

Speaking of friends, we are now officially welcoming many new Upward Bound friends! Acceptance letters have gone out and we are very excited to expand our UB family once again to include bright-eyed, excited new participants. In our usual UB style, we will welcome them with smiles and congratulations as they begin working toward a brighter future.

We also welcome a new Project Director/Academic Coordinator! Sheila Harding started working with Upward Bound in January. She has been in education for many years and we know she'll bring good ideas to the Upward Bound family.

Upward Bound Central staff is hard at work. We're finishing up our yearly reporting to the Department of Education, and we have also been working hard to prepare for our Spring Saturday Academies and even thinking ahead toward our Summer Session! Summer will be here before we know it! Until then, we have to bear the cold as we push forward toward a successful semester. Upward Bound is committed to providing resources that will assist you in being successful. With those resources, your dedication, and your desire to succeed, you will go far in achieving your goals.

One of these resources is our Student Checklist. Our Canvas online Classroom provides you with descriptions and directions for each Checklist assignment, as well as a simple submission process. Don't forget to check on your due dates!

This resource is proving to be helpful in assisting students as they progress toward future success!

We know you've been working hard this semester. We hope you are all settled in toward a successful 2nd semester for this school year. Don't forget the Hot Cocoa!



Special Points of interest:

- Monday, January 27, 2025
UBCared4 – 6:30-7:30 PM
- Monday, February 24, 2025
UBCared4 – 6:30-7:30 PM
- Saturday, February 15, 2025
Saturday Academy and National TRiO Day Celebration
– 8:30-2:00 PM (families encouraged to attend)

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Looking to the Future

-College Visits

Juniors and Seniors are a busy crowd. They are keeping up with their grades, playing sports, being active in clubs and organizations, etc. While all of this is going on, they are also working hard to prepare for the next step: College!

All the way back in Summer 2024, Seniors were working on choosing which colleges they would eventually apply to. Though research was conducted extensively, it can be very difficult to know if a school is the right choice until we actually walk the campus and see first-hand what it is like. That's exactly what these students did.

Rachel, who coordinates the college visits, polled Seniors to see which colleges students were most interested in visiting. The top three most popular choices were then selected. A lot of planning and organization took place, and off we went!

Truman State University

Our first college visit was to Truman State University in Kirksville, MO. Students got to see Truman's beautiful campus, learn about the admission process, and talk to TRIO staff!



North Central Missouri College

Our second college visit was to NCMC, or North Central Missouri College. NCMC is a two-year community college, and can be a great stepping stone for students as they work toward their four-year degree. Many students start at a community college and then transfer to a four-year institution to finish that degree. It was a pleasant day for touring campus, and we found some UB and UBMS alumni attending NCMC (2nd picture)!



Missouri Western State University

Our final college visit was to Missouri Western State University in St. Joseph, MO. Students got to see some of the newest changes at the University. It was a windy day, but we had a great time on a walking tour of the campus.



2025 T-SHIRT DESIGN CONTEST

The Winner Receives \$50!!!

Deadline to submit entries is **Saturday, February 15.**

- The design must be a maximum of 3 colors and must be for one side of a shirt.
- Screen Print Only.
- Design entries must be submitted in JPEG format only (no hand drawings accepted).
- Voting will take place within the months of March or April.
- Winning design will be announced March 18 at our Saturday Academy.
- If you have questions, please contact Rachel or Sheila.



JOB-SHADOW/WORK-STUDY SUMMER 2025

Sophomores, Juniors, and Seniors that have participated in at least one summer session are eligible to apply for a Job-Shadow or Work-Study experience during our 2025 Summer Session.

Applications are on the UB Website. The due date to submit applications is **February 15, 2025**. Contact the Coordinator of Counseling with any questions.



IMPORTANT DATES

SPRING 2025 SATURDAY ACADEMY DATES

Upward Bound Saturday Academies take place from 8:30 AM-12:30 PM on the 3rd floor of the Administration Building at Northwest Missouri State University

January 18	New Student/Parent Orientation (No Regular Saturday Session)
February 18 8:30 AM - 2:00 PM	Regular Session/TRiO Day (families encouraged to attend)
March 22	Regular Session
April 19	Regular Session

New Student Orientation Saturday, January 18, 2025

All new Upward Bound students (and their parent/guardian) will attend a New Student Orientation at 10:30-11:30 AM in Garrett-Strong 2550.

* Newly admitted students that were unable to attend the January 18th New Student Orientation are expected to attend the online Orientation to be scheduled. Check email for details.

Saturday Academy Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Union Star	7:30 a.m.	2:10 p.m.	King City High School
Stanberry	7:45 a.m.	1:55 p.m.	Elementary School
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
Fairfax	7:45 a.m.	2:05 p.m.	Tarkio High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Arrive NWMSU	8:30 a.m.		Admin. Building
Leave NWMSU	*12:45p.m.		Admin. Building

** Busses typically stop at McDonald's/Taco Bell after session from 12:45-1:15 p.m.

ACT Test Dates

Test Date	Registration Deadline	Late Fee Required
Dec. 14, 2024	Nov. 8, 2024	Nov. 22, 2024
Feb. 8, 2025	Jan. 3, 2025	Jan. 20, 2025
Apr. 5, 2025	Feb. 28, 2025	Mar. 16, 2025
Jun. 14, 2025	May 9, 2025	May 26, 2025
July 12, 2025	June 6, 2025	June 20, 2025

Always use the Upward Bound code: 9713

**Remember: Each UB participant can utilize 4 ACT fee waivers. Forms are available by contacting the UB

2025 UB Summer Session
Dates TBD

2025 Summer Enrichment Trip
July 7-11

UB Contact Information

Office: 660-562-1630

Email: sharding@nwmissouri.edu
wistrom@nwmissouri.edu
ub.nwmsu@gmail.com