

What we are

Upward Bound is a federally-funded program which assists students, grades 9 through 12, in finishing high school and preparing them for the successful completion of a postsecondary education.

Upward Bound has been sponsored by Northwest Missouri State University since 1986 and serves selected schools in Atchison, Gentry, and Nodaway counties in Missouri.

Upward Bound participants find their academic careers and social lives enriched by Saturday Academies, college visits, and special activities scheduled throughout the academic year.

In addition, Upward Bound sponsors an annual six-week, on-campus summer residential program for its members.

What we do

Tutorial assistance for improvement of academic grades and skills. Academic enrichment courses such as:

English	Math
Science	Social Science
Writing	Foreign Language

Computers Financial Literacy

Academic, career, and personal counseling.

Leadership training and development opportunities.

Assistance with obtaining information about postsecondary institutions and their academic programs.

Assistance with college admissions, ACT testing, financial aid, scholarships and dual credit expenses.





Are you eligible

If you will be a first-generation college student who wants to succeed in college, or if you meet federal income requirements, you may be eligible. Services and activities are available to the student and their family at no cost. We do ask that students are willing to invest in their future by taking full advantage of the various opportunities offered through the program.

How to Apply

Fill out the Paper Application (you can ask your school counselor for an Upward Bound application)

<u>or</u>

Visit the Upward Bound website at

nwmissouri.edu/trio/UpwardBound

to download the application.

Rachel Wistrom, Coordinator Of Counseling /Interim Project Director

wistrom@nwmissouri.edu

For more information

Upward Bound 800 University Drive 372 Administration Building Maryville, MO 64468

660.562.1630





Northwest Missouri State University does not discriminate on the basis of race, color, creed, national origin, sex, age, or handicap.

Upward Bound is a federal grant program funded annually by the U.S. Department of Education for \$426,267.

Dear Student Applicant,

Thank you for your interest in the Northwest Missouri State University Upward Bound Program. Before completing the Upward Bound application, it is important to read and understand what an Upward Bound participant is all about. The purpose of Upward Bound is to assist students in developing the academic skills and motivation necessary to succeed, both in high school and beyond. Through academic tutoring and instruction, the Upward Bound Program assists participants with high school studies and encourages them to pursue a college education. Students are engaged in weekly Field Tutoring sessions at their high school and on selected Saturdays on campus at Northwest, called "Saturday Academies." Students will also participate in a 6-week Summer Residential Academic program, which includes one week of travel to a large metropolitan city.

Upward Bound is a federally funded TRIO program that works with 82 students from ten target high schools in the counties of Atchison, Nodaway, Holt, and Gentry. Participants are students from one of the following high schools interested in sharpening their academic skills and pursuing education after graduation. Participants come from these high schools: Rock Port, Tarkio, Fairfax, West Nodaway, Maryville, Nodaway-Holt, Stanberry, Northeast Nodaway, King City, and Union Star.

Upward Bound activities must be taken seriously by each participant. Admitted students agree to participate in the academic year and the six-week summer program. These important components have the following objectives:

- To increase the academic performance of program participants.
- To assist participants in developing motivation to succeed in high school and attend college.
- To provide informative and enriching educational opportunities for all participants.
- To encourage participation in cultural/educational experiences beyond those available at their high schools.
- \circ $\,$ To provide tutoring, career exploration, and college advising to participants.
- To provide assistance in securing admission to a postsecondary institution and guidance in acquiring financial aid.

We are grateful for the support of the University, the U.S. Department of Education, the area public school system, the community, and our educational partners. We are confident that we can and will continue to help address our student's academic needs and challenges.

As you go through this application and read about Upward Bound, please contact an Upward Bound staff member with questions. We look forward to seeing your completed application by November 16, 2024!

Sincerely,

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Rachel Wistrom Coordinator of Counseling/Interim Project Director TRiO, Upward Bound Northwest Missouri State University (660) 562-1630

About the Upward Bound Program....

The Northwest Missouri State University TRIO Upward Bound Program is a pre-college program administered by the U.S. Department of Education. It is designed to motivate and prepare high school students for postsecondary education. The program serves 82 students in 9th through 12th grades in the counties of Atchison, Nodaway, Holt, and Gentry, Missouri. Students who are accepted into the program remain in the program until graduation from high school or until the student is released from the program, either voluntary or involuntary.

Priority is given to applicants whose economic status or taxable income meets the Federal TRIO Income Guidelines (see Part III: Parent/Guardian Information) and who demonstrate academic need. Although grades are important, they are not necessarily used in determining whether or not a student is eligible for Upward Bound; throughout the program, students must demonstrate academic potential.

The following is a brief outline of the services that a student will receive through Upward Bound:

Academic Year Component (September-May):

- Tutoring sessions at your high school each week (Frequency depends on GPA)
- Various activities and guidance meetings at Northwest Missouri State University
- Saturday Academies once per month at Northwest Missouri State University
 - o Includes career, college, ACT Prep, Financial Literacy, cultural and academic activities

Summer Component (June-July):

- High school-level instruction (Monday-Thursday for six weeks) at Northwest Missouri State
 - Classes include Math, Science, Languages, English, Social Sciences, ACT Prep, Foreign Language, and Electives
 - o Lunch
 - Evening activities
 - o Fridays include Financial Literacy and Job Shadow/Work Study opportunities
- 6th week includes an out-of-state cultural trip

Year-Round Services

- Personal, academic, and career counseling/advising
- Stipends-monetary rewards given to students for participation
- ACT/SAT Preparation
- College Tours
- Field Trips
- Financial Aid and Scholarship Education

Additional Offerings

- Academic, Career, and Personal Counseling
- Information on Colleges and Career Opportunities
- Leadership Training and Development Opportunities
- Assistance in Completing College Entrance and Financial Aid Applications
- Assistance in Preparing for the ACT Test and College Entrance Exams
- Work Study Positions to Expose Students to Careers Requiring a Post-Secondary Degree
- Assistance with Scholarships and Dual Credit Expenses
- Travel to a Variety of College and University Campuses around the Midwest

All expenses for participating in the Upward Bound programs, activities, and events are paid for by the **Program.** For more information, please call (660) 562-1630



For Office Use Only							
Eligibility:	LI	FG	LI/FG	DNQ			
Interviewed: Y / N	Date:						
Status:	Accepted	Wa	Wait List				
Sidius.	Declined	Ine	Ineligible				
Received:	Income Info Transcript						
Received.	Counselor Rec	Tea	Teacher Rec.				
Attended:	Field Tutoring	Sa	turday Acade	emy			

Upward Bound Participant Application

Part I: Student Information		
Today's Date	Social Security Number	
Name	M. Last	
Home Address		
City		ode
PO Box Address		
Student Cell #		
Parent/Guardian Cell #	Parent Email Address	
Date of Birth//	Age	
Gender (circle one) M F		
High School	Current Gra	ade 9 10 11 12
Expected Year of High School Graduation: 2025	2026 2027 2028	r
Ethnic Background: (mark all that apply, needed for f	federal reporting)	
Asian Hi	spanic	
Black or African American Na	ative Hawaiian or other Pacific Islander	Please attach a recent
American-Indian/ Alaskan Native W	hite	student photo of yourself
U.S. Citizen: Permanent Resident:	Applying for Citizenship:	
Permanent Resident #: (Please provide a copy of your Permar	nent Resident Card with your application.)	
Place of Birth:		
Have you ever applied to an Upward Bound program	before?YesNo	
Have you ever been a member of an Upward Bound	program?YesNo	
DO YOU HAVE A PHYSICAL OR DOCUMENTED LEARNING	G DISABILITY ? I F YES, PLEASE ATTACH A (COPY OF THE CURRENT

____Yes ____No

Student Goals

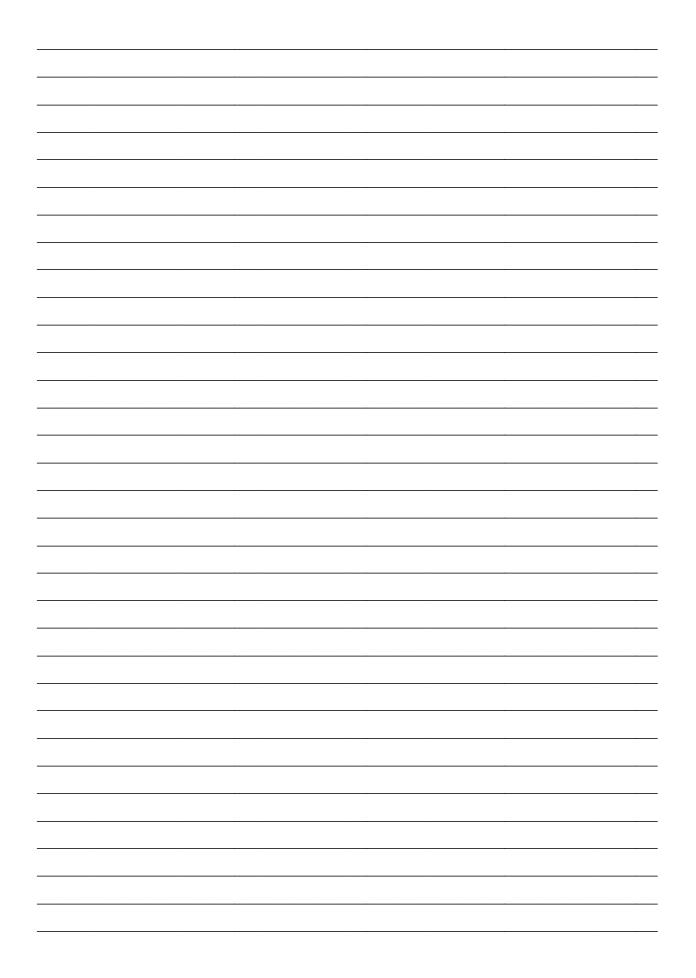
What is your career interest?
Do you plan to attend college?YesNo
Do you want to attend college?YesNo
If yes, which college(s) are you interested in attending?
Student Interests What are your hobbies and/or interests?
What school activities, clubs, or other extracurricular activities in which you participate?
What is your favorite subject? Least favorite?
In what subject area(s) would additional tutoring be beneficial?
What is the title of the last book you read that was not assigned to you by a teacher?
Student Commitment Why do you want to join the Northwest Missouri State University Upward Bound Program? (Check all that apply.) Academic support/enrichment Tutoring services Personal support/counseling Encouraged to apply by family Career counseling Field trips Assistance with college admission Saturday Academies To make friends Other Six-Week Summer Component Other
Are you able to participate in an academic program held on the Northwest campus approximately one Saturday morning each month?YesNo
Are you able to participate in the required weekly tutoring held at your school? (may be held before or after school)YesNo
Are you able to participate in a six-week residential summer program where you will be required to live on the Northwest campus? Residential Summer Component Dates: June 2 – July 3, 2025 Summer Component Trip Dates: July 7 – July 11, 2025YesNo If you answered " NO " to any of the above three questions, please explain:
in you answered into any or the above three questions, please explain.

Part II: Personal Statement

Directions: Below or on a separate sheet(s) of paper, please address all of the following items in essay form in at least 100 words. Please type or print clearly.

1 st Paragraph:	Introduce yourself and include information about your family, school, background: where and how you were raised, and any interesting incidences in your life.
2 nd Paragraph:	Write about your plans for the future and how Upward Bound will help with your plans, including your college, career, and personal plans and goals.
3 rd Paragraph:	Please tell us a time when you have faced a challenge, setback, or failure. How did it affect you, and what did you learn from the experience?





Part III: Parent/Guardian Information

Note, this information is necessary for determining program eligibility and is required of all families whose children are served by the Upward Bound Program. Your cooperation is needed in filling out the information completely. All information provided is kept confidential.

Student Name

Please check only <u>one</u> blank for father and <u>one</u> blank for mother within the boxes:

The student's natural/adoptive <i>mother's</i> highest level of education:
Some high school High school degree Some college Associate's degree (2 year) Bachelor's degree (4 year) Master's or Doctorate degree
er? Does the student live with the natural/adoptive
YesNo
Is the natural/adoptive mother deceased? YesNo
Please complete the following: Name:
Occupation:
Work Phone:
Cell Phone:

Taxable Income information for your household in 2023

The following numbers correspond to 2023 taxable income on the federal forms. ***(This information is required to help determine eligibility for acceptance into Upward Bound.)***

Total Household Members:

Taxable Income (See line 15 circled in below image):

	Head of	С	Add lines 10a and 10b. These are your total adjustments to income .					►	10c	
	household, \$18.650	11	Subtract line 10c from line 9. This is your adjusted gross income					►	11	
	 If you checked 	12	Standard deduction or itemized deductions (from Schedule A)						12	
	any box under Standard	13	Qualified business income deduction. Attach Form 8995 or Form 8995-A						13	
	Deduction, see instructions.	14	Add lines 12 and 13						14	
(15	Taxable income. Subtract line 14 from line 11. If zero or less, enter -0						15	
	For Disclosure, Privacy Act, and Paperwork Reduction Act Notice, see separate instructions. Cat. No. 11320B									

If you did not file Income Tax in 2023, please provide a written and signed statement of income for the household. (Proof of income may be requested)

I confirm that the Educational Level and income information I have provided TRIO Upward Bound is current and applicable to my household.

Name of Parent/Guardian (Please Print):

Parent/Guardian Signature: Date:

Part IV: Parent/Guardian Statement of Permission and Support

I hereby grant permission for my child,

_____, to participate in the

Upward Bound program at Northwest Missouri State University.

I pledge to support my child in their endeavors for academic success and to encourage their participation in the Northwest Missouri State University Upward Bound program. I understand that my child will be required to attend approximately 6 Saturday Academies and weekly tutoring at their high school during the academic year and the six-week residential summer component on the Northwest Missouri State University campus each year.

I hereby give the Northwest Missouri State University TRIO Upward Bound Program permission to receive copies of educational records and other materials necessary for participation in the Program. Further, permission is granted to request academic and financial aid information and records from any and all postsecondary institution is order to track college progress. I understand all of my records will be kept in confidence and in accordance with the Privacy Act of 1974.

You have our consent to release grades, test scores, and any other academic records to the Northwest Missouri State University TRIO Upward Bound Program.

Student Signature:	Date:
Parent/Guardian Signature:	Date:

Media Release Form

I give permission for my son/daughter's photo image to be used on the Northwest Missouri State University's Upward Bound website or in other program promotional materials.

Parent/Guardian Signature: ______ Date: _____ Date: _____

I attest to the fact that the above information is true and accurate to the best of my knowledge.

I understand the purpose of the Northwest Missouri State University TRIO Upward Bound Program, which is to prepare participants to successfully complete a program of postsecondary education. As part of my personal effort in this preparation, I commit to Upward Bound and intend to participate in all academic year and summer components of the program. I understand that attendance is an integral part of participating. Therefore, I agree to attend and actively participate in all classes, meetings and activities sponsored by Upward Bound. I will comply with all rules and regulations of the TRIO Upward Bound Program, and I am aware that failure to comply could result in dismissal from the program.

I understand and willingly commit to meeting these expectations.

-

Part V: Consent for Medical Treatment

Student's Name		

In case of emergency, please contact the following:

Physician	Phone number
1 st person to contact in case of emergency	Home phone
Work Phone	Cell Phone
Address	Relationship to student
2 nd person to contact in case of emergency	Home Phone
Work Phone	Cell Phone
Address	Relationship to student
3 rd person to contact in case of emergency	Home Phone
Work Phone	Cell Phone
Address	Relationship to student
Please list ALL medicines/prescriptions yo Medication/Prescription	Dosage Time
What are (if any) the anticipated side effec	cts and/or drug interactions from these medications?
Please describe any dietary restrictions or	needs your child may have:
	wn medication at the prescribed dosage and time listed lity to take over the counter medications according to package directions.
necessary by qualified medical personnel, in the evolution	e any medical attention, including preventative, routine and emergency care, as deemed event such treatment is necessary during the entire time the student is enrolled in Upward fissouri State University nor the Upward Bound Program staff can be held responsible for
Parent/Guardian printed name:	Parent/Guardian Date of birth
Parent/Guardian Signature:	Date:

Part VI: Northwest Missouri State University Waiver of Liability Agreement BRING WITH YOU OR RETURN TO UB BY YOUR FIRST SATURDAY ACADEMY VISIT

ASSUMPTION OF RISK, COVENANT NOT TO SUE, RELEASE, AND WAVIER OF LIABILITY AGREEMENT

(YOUTH PARTICIPANT FORM)

In consideration of the services provided by Northwest Missouri State University, its board, employees, volunteers, participants, and all other persons or entities acting in any capacity on its behalf (collectively, "UNIVERSITY") in conjunction with the UPWARD BOUND program ("Event"), I hereby agree to release, hold harmless, covenant not to sue, and discharge UNIVERSITY, on behalf of myself, my children, my parents, my heirs, assigns, personal representatives and estate as follows:

- 1. ("Minor") will participate in the Event. I understand that each Academic Year, the Upward Bound program will have eight Saturday Academies involving participating in sessions on campus and traveling to other colleges for campus visits. I understand that some of such activities will not take place on Northwest Missouri State University property.
- 2. I acknowledge that Minor's participation in Upward Bound entails known and unanticipated risks, which could result in physical or emotional injury, paralysis, death, or damage to Minor, to property, or to third parties. I understand that such risks include activities at and away from UNIVERSITY. I understand that such risks simply cannot be eliminated.
- 3. I acknowledge that the unlawful possession/consumption/use/distribution of alcohol or any controlled substance, including the unauthorized possession/consumption/use/distribution of prescription medications, is strictly prohibited. I agree that any violation of this policy may result in Minor's immediate removal from Upward Bound. I understand that UNIVERSITY will not store or administer prescription medication(s) for Minor. If Minor will be in possession/utilize medication(s) during Upward Bound, I hereby represent that I have explained to Minor the Event's policy on alcohol and controlled substances. I further represent that I have discussed with Minor the proper use/administration of the medication(s), including frequency and dosages. I understand and agree that Minor is solely responsible for storing/administering any medication(s) as directed by Minor's physician or healthcare professional.
- 4. I expressly agree and promise to accept and assume all of the risks associated with Minor participating in Upward Bound. Minor's participation in Upward Bound is purely voluntary, and I elect to allow Minor to participate despite the risks. If Minor is injured during Upward Bound, I hereby give my consent for UNIVERSITY to contact appropriate medical professional(s) and further consent to any medical treatment that may be required, as determined by a medical professional. I understand that the cost of any such treatment will be Minor's or my sole responsibility; UNIVERSITY will not be responsible for any cost related to such treatment in any way. I also understand that UNIVERSITY will not be responsible for any medical treatment that Minor receives.
- 5. I hereby voluntarily release, waive, covenant not to sue, and forever discharge any and all claims of negligence against UNIVERSITY that relate in any way to any activity Minor undertakes in conjunction with Upward Bound, including transportation to, during, and from the Event.
- 6. Should UNIVERSITY, or anyone acting on its behalf, be required to incur attorney's fees and costs to enforce this Agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 7. I understand that UNIVERSITY does not maintain an insurance policy that would provide coverage if Minor is injured during the Event or causes any injury during Upward Bound. I certify that I have adequate insurance to cover any injury or damage Minor may suffer or cause while participating in Upward Bound, or else I agree to bear the costs of such injury or damage myself.
- 8. I understand that UNIVERSITY may photograph, film, and/or record ("Medium") Minor's participation in Upward Bound. I authorize UNIVERSITY to use Medium and Minor's likeness in conjunction with any UNIVERSITY marketing and/or promotional materials, including, but not limited to, social media accounts. I understand that neither Minor nor I will be compensated in any way for such use.

In the event that I file a lawsuit against UNIVERSITY, I agree to do so solely in the State of Missouri, and I further agree that the substantive law of Missouri shall apply without regard to conflict of law rules. I agree that if any portion of this Agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I expressly state that I have had sufficient opportunity to read this entire Agreement and agree to be bound by its terms.

I further acknowledge that this document contains a negligence waiver and indemnification provisions.

Parent or Guardian: Print Name:

Date: _____

Parent or Guardian: _____ Print Name: _____

Date:

Application Checklist:

Part I: Student Information

- Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- Did you sign the appropriate fields?

Part II: Personal Statement

- Did you include your personal statement in the exact format requested?
- Did you answer all of the questions and complete all three paragraphs?

Part III: Parent/Guardian Information

- □ Are all appropriate boxes and blanks filled in completely?
- □ If your parents/guardians filed an income tax return last year, did they fill in the Taxable Income information?
- If your parents/guardians did not file an income tax return last year, did you include a signed statement of income for the household?
- Did your parents/guardians sign the application?

Part IV: Parent/Guardian Statement of Permission and Support and Media Release

- Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- Did both you and your parents/guardians sign the appropriate fields?

Part V: Consent for Medical Treatment

- Are all appropriate boxes and blanks filled in completely (if a question does not apply to you, please write "none")?
- Did you sign the appropriate fields?

Part VI: Northwest Missouri State University Waiver of Liability Agreement

- □ Are all appropriate lines filled in?
- Did your parents/guardians sign the appropriate fields?

Finally:

Did you make a copy of this application for your records?

If the answer is "yes" to all these, you are ready to submit your application! You may turn it in to your high school's school counselor OR send it directly to the Northwest Missouri State University TRIO Upward Bound Office at 372 Administration Building, 800 University Drive, Maryville, MO 64468. Please call 660-562-1630 or email UB.NWMSU@gmail.com if you have any questions.

Note: All applicants must also attend <u>at least</u> one Field Tutoring and one Saturday Academy by December to complete participant application. Dates available for visitors to attend: September 21, October 5, and November 16. Below is the bus schedule to assist in transportation to the Northwest campus.

Bus Schedule

School	Pick Up Time	Drop Off Time	Location
King City	7:30 a.m.	2:10 p.m.	High School
Stanberry	7:45 a.m.	1:55 p.m.	High School
Northeast Nodaway	8:05 a.m	1.35 p.m.	High School
Union Star	7:30 a.m.	2:10 p.m.	King City High School
Nodaway-Holt	7:50 a.m.	1:45 p.m.	High School
Rock Port	7:30 a.m.	2:20 p.m.	High School
Tarkio	7:45 a.m.	2:05 p.m.	High School
Fairfax	7:45 a.m.	2:05 p.m.	Tarkio High School
West Nodaway	8:10 a.m.	1:40 p.m.	High School
Arrive NWMSU	8:35 a.m.		Administration Bldg.
Leave NWMSU	**12:30		

** Busses typically stop at McDonald's/Taco Bell after the Saturday Academy from 12:45- 1:15 p.m.

Part VII: School Counselor Recommendation To be completed by your school counselor

Counselor's Name			10		40
Student's Name	How long have you kny	Surrent Grade 9			12
Which best describes the student's high school curriculum?	How long have you know				
college preparatory general other (please explain)		ational or technical			
How would you rate the student's attendance?	_ fair	poor			
How would you rate the student's general conduct?					
excellent good	_ fair	poor			
What is the present reading level of the student? above grade level at grade level	below grade	level			
Please select the subject areas in which you feel this stude the student needs credit or subjects in which the student we Writing Rea Science Fore Career Information Self Other (please specify) Self	ould benefit from enhand Jing ign Language concept	cement): M	lath istory		
Does this student have the potential for college success?	Yes No				
Would this student take full advantage of college preparato	y assistance? Y	es No			
Why or why not?					
Please make any additional comments that would help us e	valuate this applicant.				
Would you recommend this student for the Northwest Misse highly recommend recommend		vard Bound progra	m?		
Student's Previous Year's GPA is $_$ /4.00. ** Stud **If the student is in 9 th grade, was the student's 8 th grade G	ent's class rank is PA at or above a 2.50/4	of .00?Yes	No		
Student's 8 th MAP Reading/LA score(s) were Student's 1 st ACT Composite Score Student's 2 Students Aspire Composite Score	Student's 8 th MAP nd ACT Composite Scor	Math score(s) wer e	`e		
3. Student's most rece	n school transcript nt high school four-year p nt report card/progress rep niddle school academic re	lan lort cord	niversi	tv. 37	2
Administration Building, 800 University Drive, Maryville, MC					

Friday.	November	15 th .	2024
r nauy,	11010111001	10,	

Signature of Counselor _____ Date _____

Part VIII: Faculty/Teacher Recommendation

To be completed by a teacher who had had this student enrolled in their class within the past year.

Student's Name	_ Current Grade	9	10	11	12
High School	_				
Faculty/Teacher's Name	Academic Area				

How long have you known the student? _____

Upward Bound is a federally-funded college preparatory program for high school students. Program participants must exhibit the potential for postsecondary success in addition to a need for our services.

Please rate the applicant, from 1 through 5, according to your observations and/or knowledge, compared to all other students in the same grade. If unable to rank, please leave the space blank.

	1 – superior	2 – above average	3 – average	4 – fair	5 – poor	
Academic skills Analytical skills Teamwork Attendance Responsibility Leadership Maturity Self-image		Social skills Respects author Class preparedn Oral communica Written commun Respects peers Decision making College planning	ess tion ication	Career Study Test ta	iking skills oom behavior e	
In what areas do	es the student r	eed academic support? _				
Does this studer	nt have the poter	ntial for college success?		Yes	No	
Would this stude	ent take full adva	antage of college preparato	ory assistance?	Yes	No	
Why or why not?)					

Please make any additional comments that would help us evaluate this applicant.

Would you recommend this student for the	e Northwest Missouri State University (Jpward Bound program?
highly recommend	recommend with reservation	not recommend

Signature of Evaluator _____ Date _____

Please return this recommendation directly to the Upward Bound office at Northwest Missouri State University, 372 Administration Building, 800 University Drive, Maryville, MO 64468, or email to <u>wistrom@nwmissouri.edu</u> by Friday, November 15th, 2024.

USITOR DATES

Any students interested in Upward Bound are welcome to visit during these Saturday Academies: • September 21

October 5

• November 16

Bus Schedule

School	Pick Up Time	Drop Off Time	Location	
King City	7:30 a.m.	2:10 p.m.	High School	
Union Star	7:30 a.m.	2:10 p.m.	King City High School	
Stanberry	7:45 a.m.	1:55 p.m.	High School	
Northeast Nodaway	8:05 a.m.	1:35 p.m.	High School	
Nodaway-Holt	7:50 a.m.	1:35 p.m.	High School	
Rock Port	7:30 a.m.	2:20 p.m.	High School	
Tarkio	7:45 a.m.	2:05 p.m.	High School	
Fairfax	7:45 a.m.	2:05 p.m.	Tarkio High School	
West Nodaway	8:10 a.m.	1:40 p.m.	High School	
Arrive NWMSU	8:35 a.m.		Administration Bldg.	
Leave NWMSU	**12:45 p.m.			
** Busses typically stop at McDonald's/ Taco Bell/ Hy-Vee from 12:45-1:15 p.m.				

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