



Choosing Your Major

Discovering Your True Fit

Getting in Tune with Your Ideal Self: A Worksheet

You're in the process of becoming your genuine self and time at college will help you get there. Many of the building blocks are already in place, too! This worksheet can help you assess where you're currently at when it comes to some important aspects of your life and also where you'd like to go.

<u>TOPIC</u>	<u>WHERE I'M AT NOW</u>	<u>WHERE I'D LIKE TO BE</u>
Serving Others		
Being a Learner		
Knowing What I Value		
Embracing Diversity		
Treatment of Others		
Work Ethic		
Being a Leader		
Being a Friend		
Being a Sibling		
Being a Son/Daughter		
In a Relationship		
As Someone Interested in _____ (a hobby, interest, passion)		
As an Informed Citizen		
Other: _____		
Other: _____		
Other: _____		

GOALS FOR THE NEXT MONTH

What 2 topics above would you like to intentionally work on throughout the next month? Jot them down and state what you are going to do to work toward your most ideal self.